

Seeing
for a
super-long
time



superspecs





**What do we use
our eyes for?**



To pick out clothes that go together

To drive a car or a tractor or a bumper car

To see the faces of the people we love

To watch movies with our friends

To put just enough mustard on our hot dogs 

**And this is only a
few of the things
we use our eyes for
every day.**

So if we couldn't use our eyes, we'd:

Never have matching clothes

Never be able to drive

Never see our friends' smiles

Only listen to movies

Get too much mustard on our dog 



**We use our eyes for
just about everything.**

Every year

840,000

children go to
the hospital for
eye injuries.



90%

of these injuries
can be prevented with
protective eyewear.



840,000

eye injuries in children each year.

To compare:

681,941

Cincinnati + Cleveland
city populations

503,826

youth members in
Ohio 4-H

Eye injuries
are a leading
cause of
blindness
in children.

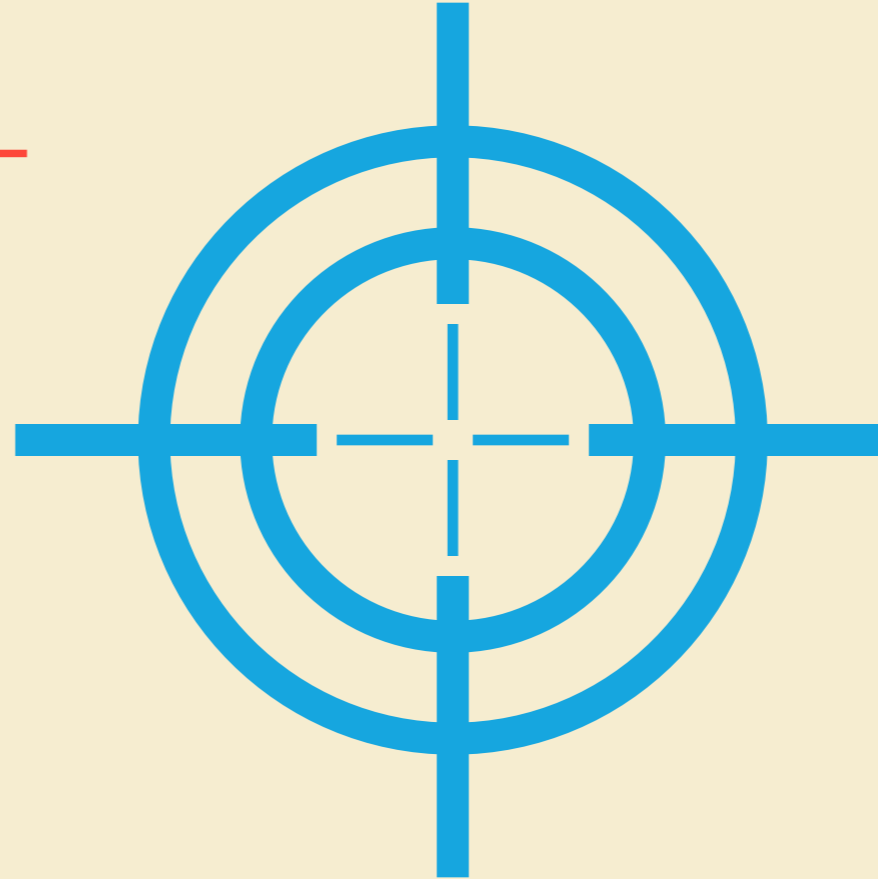


**Most injuries
can be
prevented
when we
wear eye
protection.**



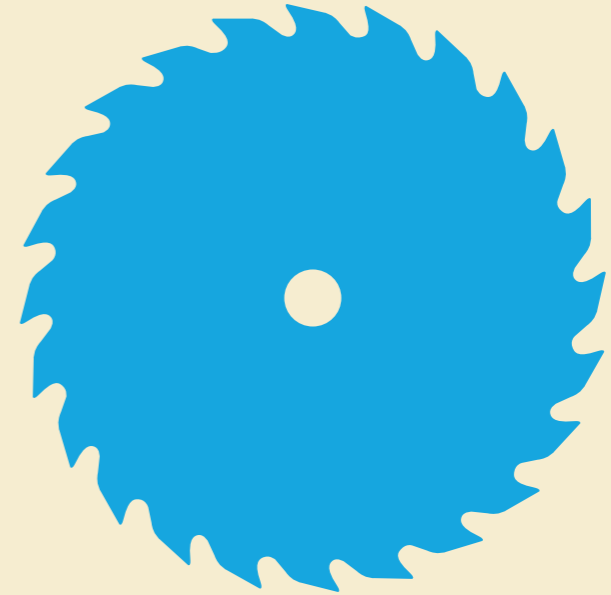
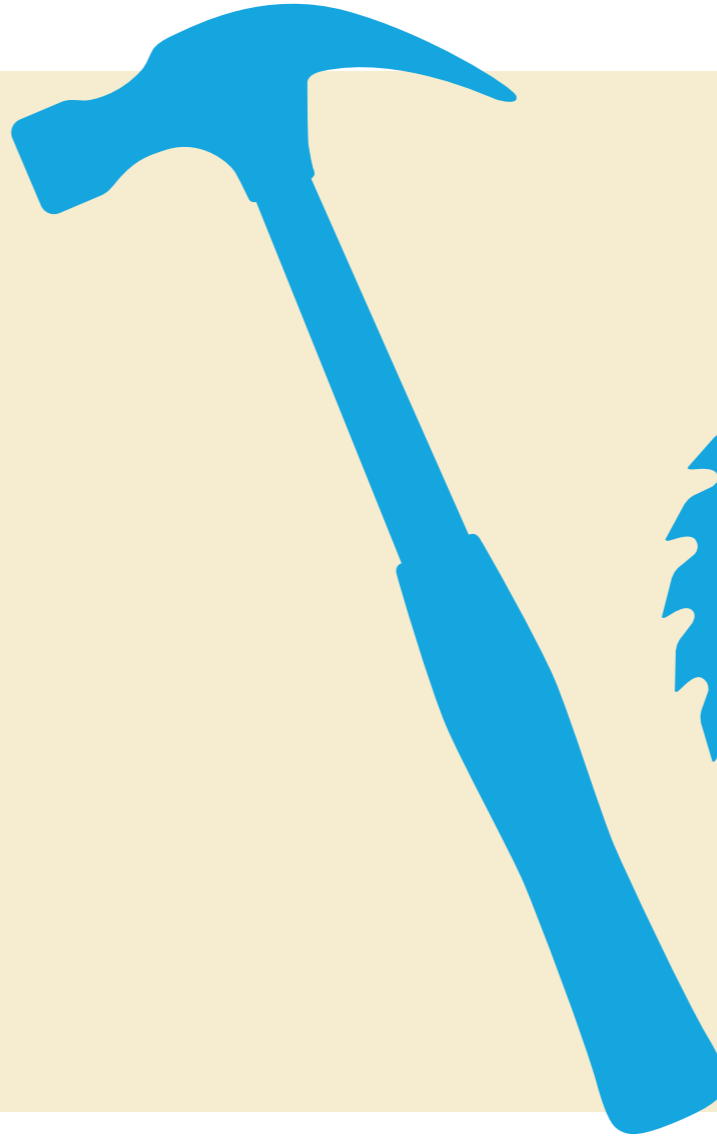


**Safety
goggles
for shooting
sports**



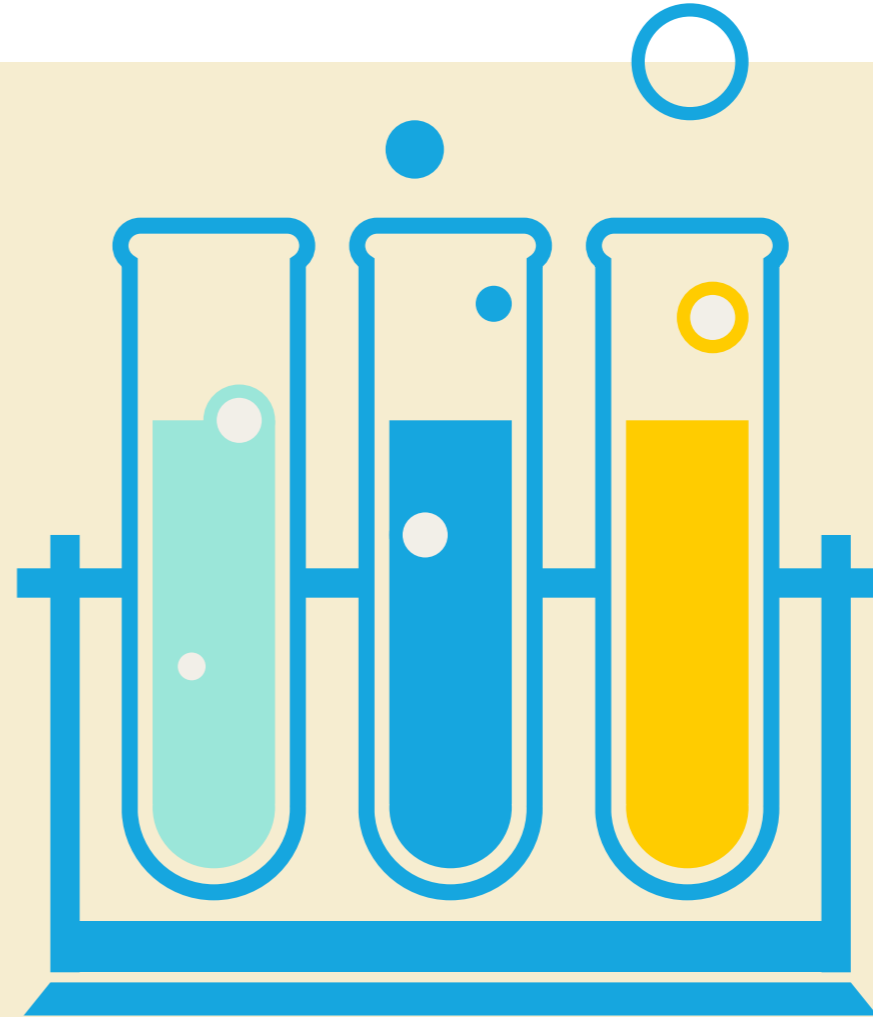


**Safety glasses
with side shields**
when you're
working with
wood



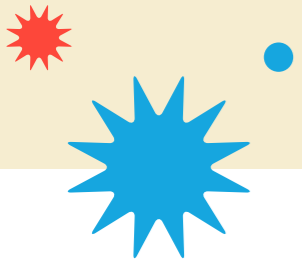
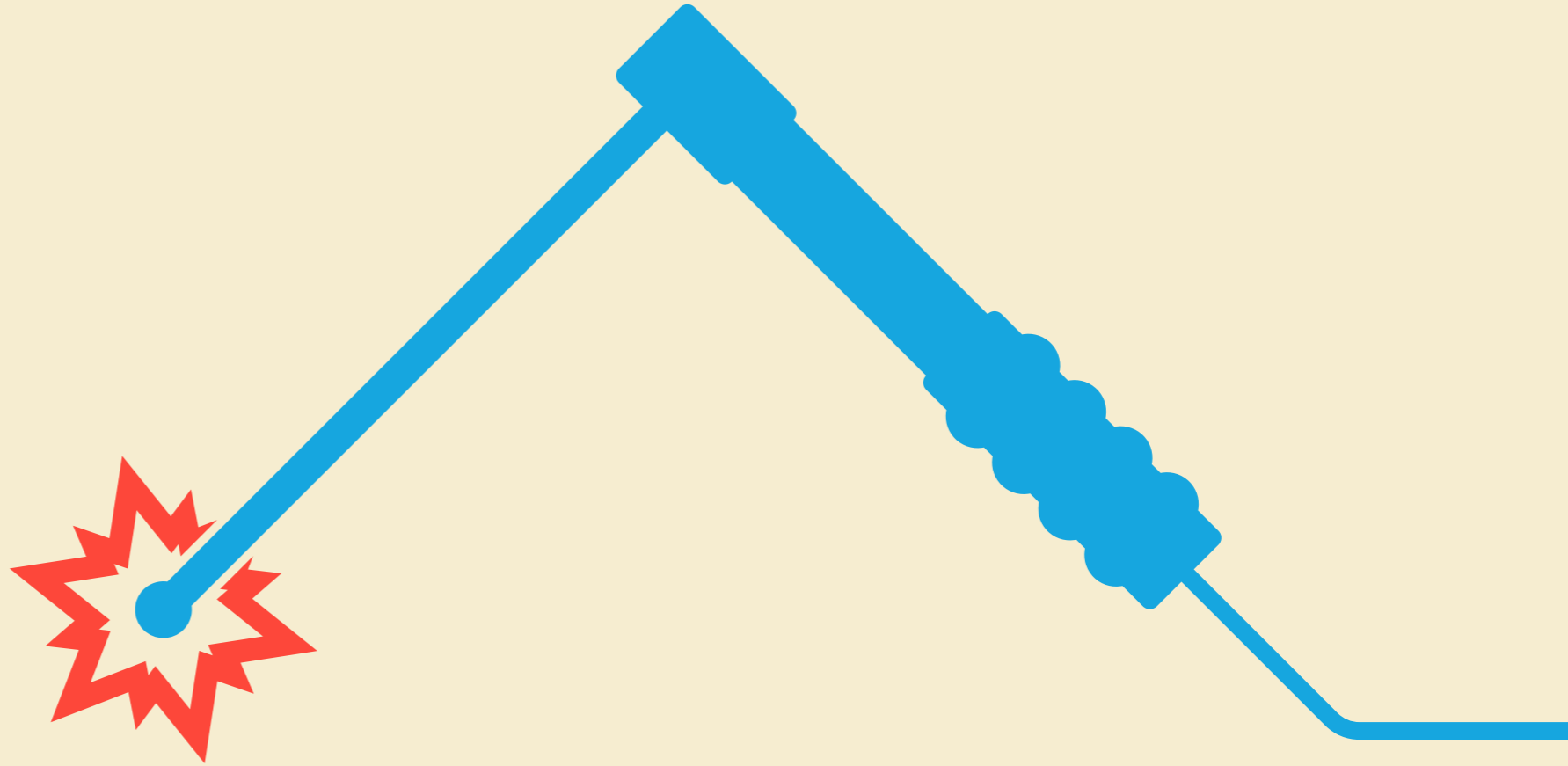


Safety glasses
when you're
doing
experiments



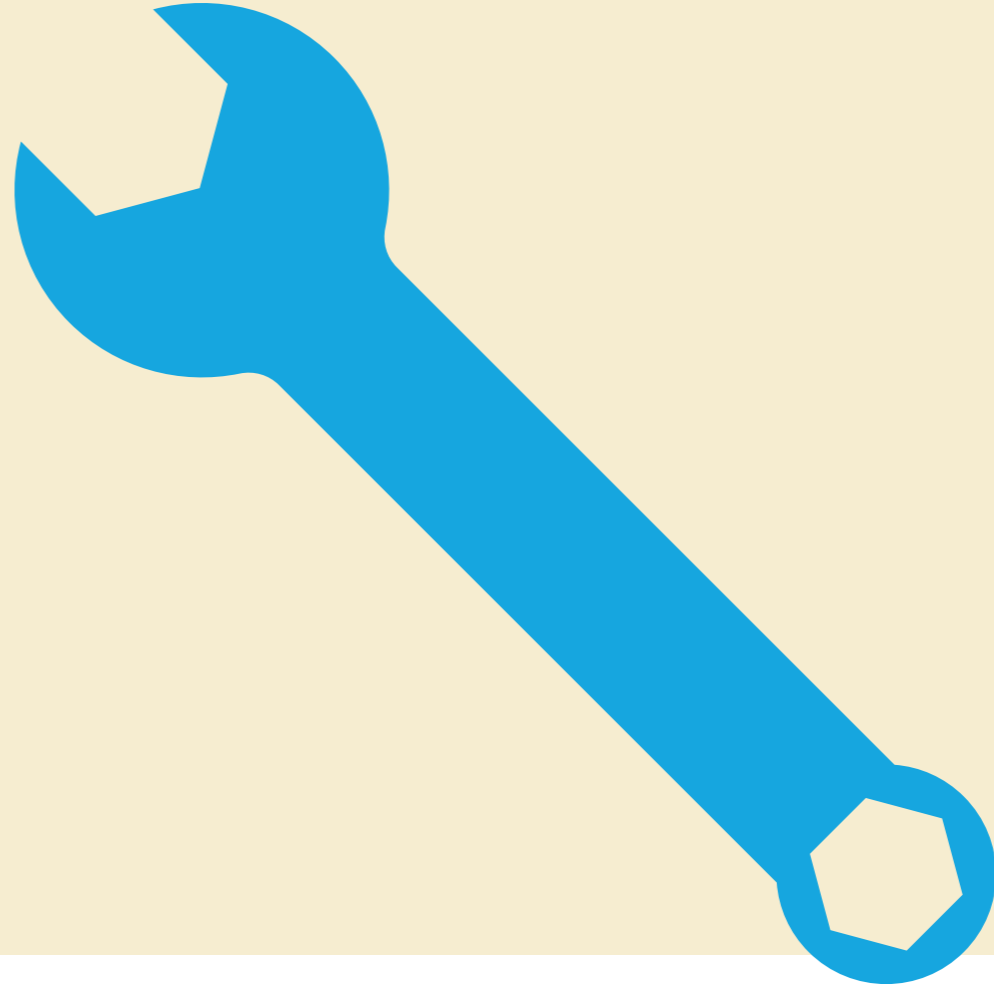
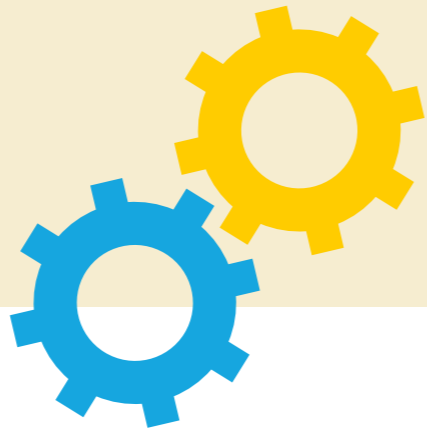


A face shield
when you're
welding





Safety glasses
when you're
working on
engines





**A helmet with a
face shield when
you're playing
baseball or softball**





These are all
ways to protect
our eyes.





Eye protection
isn't just for kids.

It's part of your
work uniform
when you're a
construction
worker.



It's part of your
work uniform
when you're a
fireman.



It's part of your
work uniform
when you're a
mechanic.



It's part of your
work uniform
when you're a
dentist.



It's part of your
work uniform
when you're a
welder.





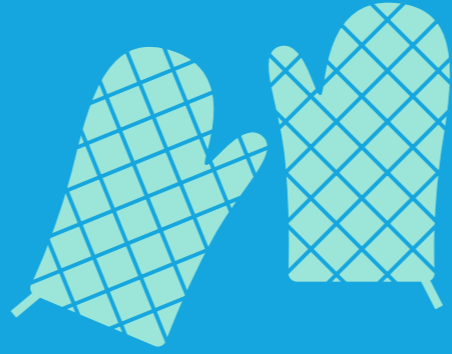
**Safety is already
something you
do every day.**



**When you get in
your car you put
on your seatbelt.**



**When you ride
your bike, you wear
a helmet.**



**When you take cookies
out of the oven, you
wear oven mitts.**

**It's easy to make safety
something you do to
protect your eyes, too.**

**Be super
smart.**



**Save your
sight.**



**Wear eye
protection!**



This presentation is made possible by Superspecs.

They provide safety glasses for free to 4-H clubs across Ohio. And they provide protective eyewear to youth athletic leagues and career and technical schools. (Tell your parents and coaches—they can get free gear for kids from Superspecs, too!)





Let's see how super
you can be.

Follow us on

  @superspecsohio

Tag us whenever you post
a picture of yourself in your specs

Send your pics and stories to
stories@superspecs.org



Right now:

Take a group shot with your safety card and your friends, and have your club leader send to stories@superspecs.org. Make sure to tell us what club you're from!



Thanks for supporting Superspecs!



This work is funded either in whole or in part by a grant awarded by the Ohio Department of Health, Bureau of Maternal, Child and Family Health, Save Our Sight and as a sub-award of a grant issued by The Ohio Department of Health under the Save Our Sight Program.

Sources

Slide 6:

<https://pubmed.ncbi.nlm.nih.gov/16740824/>

Slide 7:

Cleveland city population: 372,624 <https://en.wikipedia.org/wiki/Cleveland>

Cincinnati city population: 309,317 <https://en.wikipedia.org/wiki/Cincinnati>

“In 2017, Ohio 4-H had 503,826 individual youth members participating in clubs, groups, and special-interest programs”

<https://ohioline.osu.edu/factsheet/4h-01>